Senior Living Community Checklist



THE VISTA

A Christian Health Care Center Community

Have you been researching senior-living communities as an option for your mom, dad, or family member? There are so many things to consider. Where do you begin? This handy sheet will start you off on the right path and help guide your decision.

About The Vista

- Wooded, 78-acre campus, with Ramapo Mountain views
- Fine apartment homes with a choice of floor plans
- Chef-prepared dining options from elegant to casual
- On-campus independent living, assisted living, memory care, rehabilitation, and skilled nursing
- Conveniently located near shopping, dining, and entertainment
- Scheduled group transportation to many Bergen County destinations
- Wellness programs to enhance the mind, body, and spirit
- Backed by Christian Health Care Center's history of over 100 years serving the community

My Checklist

Check off each step as you complete them, and keep this list handy.

____ Decide if a Continuing Care Retirement Community (CCRC) is the right fit for my family member.

____ Compare health, medical, and wellness support.

____ Compare different levels of care offered.

____ Compare services and amenities available.

____ Compare variety of wellness programs available.

____ Compare the cost of a CCRC vs. aging at home.

____ Compare each community's financial stability.

____ Compare each community's senior-living expertise.

Want to know more? Download our comprehensive Senior Living Community Resource Guide. It provides answers to many questions, some you may not have even considered. We're here to help. Visit https://thevista.org/senior-living-guide/ to download the guide, or call us at (201) 848-4200.

The Vista Information Center
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